Jigsaw Knowledge and skills progression: Celebrating Difference Puzzle Ages 3-11

Jigsaw PSHE is a progressive scheme of learning where knowledge and skills build year on year across the programme. The table below shows how the **Celebrating Difference** Puzzle (unit of work) develops in this year group, including some of the key vocabulary.

Ages 10-11

Puzzle overview: Celebrating Difference

In this Puzzle, children explore what "normal" can mean and develop empathy for people who are different. They examine prejudice, discrimination and protected characteristics, reflecting on their own attitudes and the importance of equality and respect. Across the six Pieces, children learn about power imbalances, why bullying might happen, and how to manage feelings and solve problems safely. They explore inspirational individuals, including disabled athletes, and reflect on perseverance and achievement.

Knowledge	Social and emotional skills
• I understand there are different perceptions about what normal means • I understand how being different could affect someone's life • I can explain some of the ways in which one person or a group can have power over another • I know some of the reasons why people use bullying behaviours • I can give examples of people with disabilities who lead amazing lives • I can explain ways in which difference can be a source of conflict and a cause for celebration	• I can empathise with people who are different • I am aware of my attitude towards people who are different • I know how it can feel to be excluded or treated badly by being different in some way • I can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one • I appreciate people for who they are • I can show empathy with people in either situation

Vocabulary

achievement, accolade, admiration, argument, assumption, banter, belonging, bullying, bullying behaviour, celebration, community, conflict, control, difference, direct, disability, discrimination, empathy, equality, equality act, harassment, imbalance, indirect, misunderstanding, normal, Paralympian, perception, perseverance, power, prejudice, protected characteristics, racism, recipient, respect, rights, sport, stamina, struggle, stereotype

This page offers simple ways to support your child's learning at home. The questions, ideas, and resources below encourage meaningful discussion, independence, and practising key life skills in everyday situations.

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JIGSAW PSHE 3-11

Supporting 'Celebrating Difference' puzzle at home: A Guide for Families

Ages 10-11

Talking Together: suggested questions to support 'Celebrating Difference' learning at home		
Perceptions of 'normal' and difference • What does "normal" mean to you? • Why might people have different ideas about what is normal? • How can being different affect someone's life?	**Equality, prejudice and discrimination** • What do prejudice and discrimination mean? • Why is it important to treat everyone equally and with respect? • How can we challenge unfair attitudes or behaviour?	**Power, bullying and responsibility** • What does it mean for someone to have power over others? • Why might people use bullying behaviours? • What can you do if you see or experience unfair treatment?
Empathy, inclusion and respect • How can you show empathy towards someone who is different from you? • How might it feel to be excluded or treated unfairly? • What can you do to help others feel included and valued?	**Managing feelings and problem-solving** • How can you manage your feelings in a difficult situation? • What strategies can you use to solve a problem calmly? • How can you support others in resolving conflict?	**Inspiration, perseverance and achievement** • Can you think of someone who has achieved something despite challenges? • What can we learn from people who show perseverance? • How can differences be a strength rather than a weakness?
Resources and additional support for Families		
• Anti-Bullying Alliance – guidance for families on understanding bullying and how to support children • BookTrust – high-quality book recommendations for children about diversity, equality, perseverance and identity • Visit your local library to explore a range of age-appropriate fiction and non-fiction books linked to the Celebrating Difference theme.		
School-based and local resources (editable box for teachers):		