EYFS Celebrating Differences Autumn 2

Jigsaw PSHE is a progressive scheme of learning where knowledge and skills build year on year across the programme. The table below shows how the **Celebrating Difference** Puzzle (unit of work) develops in this year group, including some of the key vocabulary.

<table>
<tr><td rowspan="5">Ages 3-5</td><td colspan="2">Puzzle overview: Celebrating Difference</td></tr>
<tr><td colspan="2">In this Puzzle (unit), children are encouraged to think about things that they are good at whilst understanding that everyone is good at different things. They discuss being different and how that makes everyone special but also recognise that we are the same in many ways. The children share their experiences of their homes and are asked to explain why it is special to them. They learn about friendship and how to be a kind friend and how to stand up for themselves if someone says or does something unkind to them.</td></tr>
<tr><td>Knowledge</td><td>Social and emotional skills</td></tr>
<tr><td>• I know what being unique means
• I can name and recognise some emotions
• I understand why having friends is important
• I can name qualities of a positive friendship
• I know what being proud means, and that people can be proud of different things
• I understand that people can be good at different things
• I know all families are different
• I know that everyone has different homes</td><td>• I can recognise emotions in myself and others
• I know some skills to help make a friend
• I recognise some ways that I am different yet similar to others
• I know how to use skills to stand up for themselves
• I can recognise things I am good at
• I can identify similarities and differences between my own family and other families</td></tr>
<tr><td colspan="2">Vocabulary</td></tr>
<tr><td colspan="2">differences, different, friendship, frightened, family, friends, happy, home, kind, proud, sad, similar, similarities, special, unique, unkind</td></tr>
</table>

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This page offers simple ways to support your child's learning at home. The questions, ideas, and resources below encourage meaningful discussion, independence, and practising key life skills in everyday situations.

Ages 3-5

Talking Together: suggested questions to support 'Celebrating Difference' learning at home

Being unique and special	Feelings and emotions	Friendship and kindness
• What makes you special? • What are you really good at? • How are you the same as other people? • How are you different?	• Can you tell me about a time you felt happy or sad? • How can we tell how someone else is feeling? • What helps you feel better if you feel upset?	• Who are your friends? What do you like about them? • What does being a kind friend look like? • How can you make someone feel happy or included?
Families and homes	**Being proud and celebrating others**	**Standing up for yourself and others**
• Who is in your family? • What makes your home special to you? • How are other families the same or different to yours?	• What are you proud of? • What might someone else feel proud of? • How can we celebrate what other people are good at?	• What can you do if someone is unkind? • Who can you talk to if something worries you? • How can you help someone if they feel sad or left out?

Resources and additional support for Families

- **BBC Tiny Happy People** - short videos, ideas and resources to support families with themes of friendship, difference, families and kindness
- **BookTrust** – high-quality book recommendations for children by age (including ages 3–5) including topics on feelings, friendships, starting school and behaviour
- Visit your local library to explore a range of age-appropriate fiction and non-fiction books linked to the Celebrating Difference theme.